

Cookies

A cookie is a small text file containing information which a website asks your computer to store for next time you visit. Websites use cookies for lots of different reasons, such as storing preferences, logging you in, keeping track of things in your shopping basket, or telling the website owners how many different people visit the site.

Cookie Types

There are four different types of cookie:

- Strictly necessary - these cookies enable services you have specifically asked for
- Performance - these cookies collect anonymous information on the pages visited
- Functionality - these cookies remember choices you make to improve your experience
- Targeting / advertising - these cookies collect information about your browsing habits in order to make advertising relevant to you and your interests.

Our website uses the following cookies:

Name	Type	Description	Expiry
cookie_notice_accepted	Performance	This cookie stores your cookie acceptance whilst visiting our site.	1 month
PHPSESSID	Strictly necessary	This session cookie is used for managing the user session on the website.	Once browser closes
wp-settings-[UID]	Strictly necessary	This is used to customize the user's view of admin interface, and possibly also the main site interface.	1 year
wp-settings-time-[UID]	Performance	This cookie is used to customize the user's view of admin interface, and possibly also the main site interface.	1 year

We use Google Analytics to monitor usage of our website so that we can improve your experience of our website. The data collected via Google Analytics is anonymous and contains no personal information.

Name	Type	Description	Expiry
_atuvc	Functionality	Associated with the AddThis social sharing widget and is used to enable visitors to share content with a range of networking and sharing platforms. It stores an updated page share count.	2 years
_gid	Performance	This cookie is used to distinguish users	24 hours

_ga	Performance	This cookie is used to distinguish users	2 years
_utma	Performance	This cookie keeps track of the number of times a visitor has been to the site pertaining to the cookie, when their first visit was, and when their last visit occurred.	Permanent
_utmb	Performance	This cookie takes a timestamp of the exact moment in time when a visitor enters a site.	30 minutes
_utmc	Performance	This cookie takes a timestamp of the exact moment in time when a visitor leaves a site.	30 minutes
_utmt	Performance	This cookie is used to throttle request rate and does not store any user information.	10 minutes
_utmz	Performance	This cookie keeps track of where the visitor came from, what search engine you used, what link you clicked on, what keyword you used, and where they were in the world when you accessed a website.	6 months

Managing cookies

To find out more about cookies, and how you can delete and control them in your browser please visit www.aboutcookies.org